

2001 California Dietary Practices Survey

Table 8: Average Number of Servings of Fruits and Juices Eaten By Adults, Trends 1989-2001
 Question: Did you have any fruit or juice yesterday?

	Servings Eaten							Change in Average Number of Servings Eaten Yesterday					
	1989	1991	1993	1995	1997	1999	2001	1989-91	1991-93	1993-95	1995-97	1997-99	1999-01
Total	2.2	2.1	1.9	2.2	2.0	1.8	1.9	-0.1	-0.2	0.3***	-0.2*	-0.2	0.1
Sex													
Males	2.1	2.0 *	1.7 *	2.1	1.9	1.7	1.9	-0.1	-0.3	0.4**	-0.2	-0.2	0.2
Females	2.2	2.2	2.0	2.2	2.0	1.9	2	NC	-0.2*	0.2*	-0.2*	-0.1	0.1
Males													
18 - 24	2.3	2.1	1.6	1.8	1.6	1.9 ^{ab} *	1.9	-0.2	-0.5	0.2	-0.2	0.3	NC
25 - 34	2.0	1.5	1.6	1.9	1.8	1.3 ^a	2.0	-0.5	0.1	0.3	-0.1	-0.5**	0.7***
35 - 50	2.2	2.0	1.7	2.0	1.9	1.8 ^b	1.9	-0.2	-0.3	0.3	-0.1	-0.1	0.1
51 - 64	1.8	2.1	1.8	2.1	2.1	1.8 ^{ab}	1.5	0.3	-0.3	0.3	NC	-0.3	-0.3
65+	2.2	2.1	2.0	2.7	2.1	2.1 ^b	2.2	-0.1	-0.1	0.7*	-0.6*	NC	0.1
Females													
18 - 24	2.3	1.7 ^a ***	1.6 ^a *	1.7 ^a *	1.7 ^a *	1.7 ^a *	1.7	-0.6	-0.1	0.1	NC	NC	0.1
25 - 34	2.2	2.3 ^{ab}	2.2 ^{ab}	2.2 ^a	1.9 ^{ab}	1.8	1.7	0.1	-0.1	NC	-0.3	-0.1	-0.1
35 - 50	2.2	1.9 ^a	1.8 ^{ab}	2.2 ^a	1.9 ^{ab}	1.9	2.0	-0.3	-0.1	0.4*	-0.3	NC	0.1
51 - 64	2.3	2.3 ^{ab}	1.8 ^{ab}	2.1 ^a	2.2 ^{ab}	2.1	2.2	NC	-0.5	0.3	0.1	-0.1	0.1
65+	2.3	3.0 ^b	2.3 ^b	2.9 ^b	2.3 ^b	2.3	2.3	0.7	-0.7*	0.6*	-0.6	NC	NC
Ethnicity													
White	2.0 ^a ***	2.0 ^{ab} *	1.8 ^a *	2.0 ^b *	1.9 ^b **	1.8 ^a *	1.9	NC	-0.2	0.2	-0.1	-0.1	0.1
Hispanic	2.6 ^b	1.8 ^a	2.1 ^b	2.8 ^a	2.2 ^a	2.1	2.1	-0.8***	0.3	0.7	-0.6**	-0.1	NC
Black	2.5 ^{ab}	2.5 ^b	1.9 ^{ab}	1.6 ^b	1.7 ^b	1.5	1.5	NC	-0.6	-0.3	0.1	-0.2	NC
Asian/Pacific Islander						1.7	1.9						0.2
Education													
Less than high school	2.4 ^b **	1.8 ^a *	2.1 ^b ***	2.8 ^b *	1.9 ^{ab} ***	1.6 ^{ab} *	1.9	-0.6*	0.3	0.7**	-0.9***	-0.3	0.3
High school graduate	1.8 ^a	1.9 ^a	1.6 ^a	1.9 ^a	1.7 ^a	1.7 ^a	1.8	0.1	-0.3*	0.3*	-0.2	NC	0.1
Some college	2.2 ^b	2.2 ^a	1.7 ^a	2.0 ^{ab}	1.9 ^{ab}	1.8 ^{ab}	1.9	NC	-0.5***	0.3	-0.1	-0.1	0.1
College graduate	2.3 ^b	2.2 ^a	2.1 ^b	2.3 ^a	2.2 ^b	2.1 ^b	2.1	-0.1	-0.1	0.2	-0.1	NC	
Income													
Less than \$15,000	2.1	2.0	1.7	2.5	1.7	1.6	1.7	-0.1	-0.3	0.8**	-0.8***	-0.1	0.1
\$15,000 - 24,999	2.4	2.1	2.0	2.2	2.0	1.9	2.0	-0.3	-0.1	0.2	-0.2	-0.2	0.1
\$25,000 - 34,999	2.2	2.2	1.8	2.0	2.1	1.8	2.0	NC	-0.4	0.2	0.1	-0.3	0.2
\$35,000 - 49,999	2.1	2.2	1.6	2.2	2.0	1.8	2.0	0.1	0.6*	0.6***	-0.2	-0.2	0.2
\$50,000+	2.0	2.2	1.9	2.1	1.9	1.9	2.0	0.2	-0.3	0.2	-0.2	NC	0.1
Physically Active								1.7 ***					
Did not meet recommendations								2.2					
Met recommendations													
Overweight Status													
Overweight/Obese								1.8					
Not overweight								2.0					

A box around a group of numbers signifies that differences observed within this group are statistically significant (ANOVA).

Categories sharing a common superscript (a, b, c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA:

* p<.05

** p<.01

*** p<.001